

New Winter Menu 2017 – Gluten Free Menu

When Ordering Please Specify Gluten Free

Lancashire Tapas

Caraway and Fennel Pork Crackling Sticks, Apple and Vanilla Puree £3.50

Causeway Cauliflower Bhaji, Mango and Tomato Salsa, Dressed Leaf (Vegan) £4

Lightly Spiced Goosnargh Chicken Wings, Dressed Leaf, Homemade 'Slaw £4

Starters

Sauteed Fleetwood King Prawns, Confit Garlic and Lemon Butter, Dressed Leaf Salad £7.50

Wild Smithy Mushroom and Pea Risotto, Black Truffle Oil, Parmesan, Crispy Rocket (V) £6

Cricketers Salad; Local Leaf, Crumbled Goats Cheese, Sun-Blushed Tomatoes, Olives,
Pumpkin Seeds, Homemade Pesto Dressing (V) £6

Main Course

Pan-Roasted Goosnargh Chicken Breast, Smoked Bacon Creamed Potatoes, Buttered
Greens, Cherry Tomato and Red Pepper Sauce £14.50

Grilled Haddock Fillet, Twice Cooked Chunky Chips, Mushy Peas, Tartar Sauce £12

Pan-Roasted Salmon Fillet, Sauteed Leeks and Fennel, Spinach, Lemon and Caper Puy
Lentils, Sauteed King Prawn, Dill Cream sauce £16

Taste of Pork; Garlic and Thyme Marinated Pork Loin, Rosemary Creamed potatoes, Apple
and Vanilla Puree, Crackling, Red Wine Jus £15.50

Clarkson's Butchers Gammon Steak; Dry Cured Gammon Steak, Fried Hen's Egg, Peppered
Roasted Tomato, Roasted Pineapple, Choice of Potato, Seasonal Vegetables £12

Scott's of Ormskirk 28 Day Matured Rump Steak, Served with Thyme and Garlic Roasted
Field Mushroom and Tomato, Choice of Potato 6oz £13.50 10oz £17

Keep it Simple- Chicken Breast, Haddock or Salmon Fillet; Simply Seasoned and Grilled,
Served with Seasonal Vegetables or Dressed Salad and Choice of Potato £13

Wild Smithy Mushroom and Pea Risotto, Black Truffle Oil, Parmesan, Crispy Rocket (V)
£10.50

Thai Green Roasted Vegetable and Spinach Curry Served with Braised Rice (Vegan) £11

Chana Marsala with Tomato and Coriander; Spiced Cauliflower Bhaji, Sticky Coconut rice
(Vegan) £10

Add Chicken Strips £3 or King Prawns £3.50 to Chana Marsala or Thai Green Curry

Cricketers Salad; Local Leaf, Crumbled Goats Cheese, Sun-Blushed Tomatoes, Olives,
Pumpkins Seeds, Homemade Pesto Dressing (V) £9.50

Add Chicken Breast £3, Salmon Fillet £4.50 or King Prawns £3.50 to Cricketers Salad

Sides

Skin on Fries £2.75

Twice Cooked Chunky Chips £3

Pancetta and Cheddar Creamed Potatoes £3.50

Roasted Sweet Potato Jacket with Garlic Butter £3

Roasted Mediterranean Vegetables with Feta and Pesto £3.50

House Dressed Mixed Local Leaf Salad £3.50

Seasonal Vegetables £2.50

Omelettes (Available 12-6 Monday-Saturday)

Roasted Mediterranean Vegetable, Goats Cheese and Pesto Omelette, House Dressed Salad
(V) £7

Smoked Bacon, Brie and Caramelised Onion Omelette, House Dressed Salad £7

King Prawn and Spinach Omelette, House Dressed Salad £8

Salmon and Spinach Omelette, House Dressed Salad £8

Smithy Mushroom and Lancashire Cheese Omelette, House Dressed salad (V) £6.50

Desserts

Clementine Mousse, Candied Orange, Lemon Sherbet £5.50

Vanilla Creme Brulee, Mulled Berries £5.50

Apple Crumble; Stewed Apples with Cinnamon and Raisins, Peanut Butter Crumble, Vanilla
Soya Yoghurt £5.50

Mrs Dowson's Sorbet of the Day, Summer Berries, Berry Coulis £5